REFERRALS

I. Whom to Refer
   (from Howard Clinebell, Basic Types of Pastoral Counseling, page 178)

   1. Those who can be helped more effectively by someone else.
   2. Those who do not respond to your help after five or so sessions.
   3. Those whose needs obviously surpass your time and/or training.
   4. Those with problems for which specialized agencies are available.
   5. Those with severe chronic financial needs (welfare).
   6. Those who need medical care.
   7. Those who need intensive psychotherapy.
   8. Those about the nature of whose problem you have serious doubts.
   9. Those severely depressed or suicidal.
   10. Those to whom you have a strong negative reaction.

II. How to Refer
   (from Howard Clinebell, Mental Health Through Christian Community, page 229)

   1. Create this expectation.
   2. Mention the possibility as soon as you feel it might be necessary.
   3. Use rapport with you as a bridge over which they walk to someone else.
   4. Attempt to remove any emotional blocks toward another person or agency.
   5. The person should make his own appointment.
   6. Let the person know that your pastoral care will continue undiminished after referral.